

FAITH PATH RECIPE CARD

Before You Leave

BEST USE

As a guide to help your young adult gain confidence before leaving for college, renting his/her own apartment, etc.

SUMMARY

It can be both emotional and exciting to help your child leave the nest. Before they pack up and drive away, plan for a weekend or a day to do something fun. Use the time to go through a checklist of basic life skills they will need and helpful items that can set them up to succeed. The checklist below can help guide a conversation that will highlight a few areas in which your child might welcome some last-minute guidance or coaching.

READY TO GO?

CAR: Are you confident handling car issues such as changing a tire, checking tire pressure and fluid levels?

TIP: If moving to a new town, help your child check out AAA.com or a local mechanic to help find a reputable mechanic in the area.

LAUNDRY: Do you know how to wash and dry a load of laundry? Colors and whites?

TIP: Consider a fun trip to the laundry mat for your child to figure out how to use a different machine than you have at home.

FOOD: Can you cook a few nutritious meals?

TIP: Let your son or daughter choose a meal and guide them through the preparation and cooking process. Enjoy the time together as you create a fun memory that will increase their odds of survival.

MONEY: Do you have a budget?

TIP: Consider going online to daveramsey.com to download budget forms to fill in with your child.

HEALTH: What doctor will you visit if you get sick?

TIP: Help your child have a plan for medical emergencies and/or finding a new doctor if moving to a new town.

CHURCH: If moving to a new town, what church will you attend?

TIP: Ask a pastor at your present church for suggestions on how to find a good church in the area. Also, consider visiting different churches together with your child and then discussing what he/she did and didn't like. If you go away to college, get information on CRU, BCM, and other Christian College organizations.

COLLEGE CAMPUS: If going to school, are you confident that you can find your classes, book store, cafeteria, etc.

TIP: Take time to walk around campus together and help your child get a good feel for where everything is located.

