

# FAITH PATH RECIPE CARD

## Mom Knows Best

### BEST USE

As a mealtime discussion activity celebrating Mom's love.

### NUTRITIONAL VALUE

A fun way to see how much Mom knows about the personality, likes, and dislikes of each family member.

### PREPARATION

Before the meal ask Mom to secretly complete the questionnaire about herself and every other member of the family. Seal her answers in a top-secret envelope to reveal at the end of the meal.

### SERVE IT UP

- At the start of the meal give each person a copy of the preference choices to guess how Mom answered.
- During the meal have each person share how he/she would answer each question for themselves.
- Ask Mom to reveal her answers for each person to reveal how well she knows each person in the family.
- Then ask Mom to reveal her own answers so everyone else can score how well they know her.
- Award the grand prize to the highest scoring child: An all-expense paid trip to ice-cream (or cookies) with Mom.

### Who Knows Who Best?

Guess the other person's preference for each set of options. After everyone has guessed, tally everyone's score to find out who knows who best!

#### **I Like...**

- |                                     |    |                                    |
|-------------------------------------|----|------------------------------------|
| <input type="checkbox"/> Chocolate  | or | <input type="checkbox"/> Vanilla   |
| <input type="checkbox"/> Board Game | or | <input type="checkbox"/> Card Game |
| <input type="checkbox"/> Morning    | or | <input type="checkbox"/> Evening   |
| <input type="checkbox"/> Cats       | or | <input type="checkbox"/> Dogs      |
| <input type="checkbox"/> Movie Out  | or | <input type="checkbox"/> Movie In  |
| <input type="checkbox"/> Lake       | or | <input type="checkbox"/> Pool      |
| <input type="checkbox"/> Popcorn    | or | <input type="checkbox"/> Candy     |
| <input type="checkbox"/> Spring     | or | <input type="checkbox"/> Fall      |
| <input type="checkbox"/> Juice      | or | <input type="checkbox"/> Milk      |
| <input type="checkbox"/> Ice Cream  | or | <input type="checkbox"/> Cookies   |
| <input type="checkbox"/> Pizza      | or | <input type="checkbox"/> Burger    |

#### **I Would Rather...**

- |   |    |   |
|---|----|---|
| <input type="checkbox"/> Read a book      | or | <input type="checkbox"/> Watch a movie      |
| <input type="checkbox"/> Live in the past | or | <input type="checkbox"/> Live in the future |
| <input type="checkbox"/> Go camping       | or | <input type="checkbox"/> Stay at a hotel    |
| <input type="checkbox"/> Be able to fly   | or | <input type="checkbox"/> Turn invisible     |
| <input type="checkbox"/> Meet Moses       | or | <input type="checkbox"/> Meet Paul          |
| <input type="checkbox"/> Cook together    | or | <input type="checkbox"/> Eat out together   |

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