

# PRAYER CALENDAR

S	M	T	W	T	F	S

*My Home's Top Prayer Requests*

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*Mark your calendar each time you pray together.*



WATERLOORAD.ORG/FAITH-AT-HOME

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# PRAYER CALENDAR INSTRUCTIONS

## Make a commitment to be a 7-5-2 home!

7—Pray seven days a week individually for your spouse, kids, grandkids, parents, siblings, etc.

5—Pray five times a week (including meals and bedtime) as a family.

2—Pray at least two times a week with your spouse.

## Suggestions for using your Prayer Calendar:

- Place your Prayer Calendar on your fridge or in some other central location of your home.
- Have each family member use a specific color marker to mark their 7's of individual prayer time. Use a specific color to mark times of praying together as a family. Use a specific color to mark times of praying together as a couple.
- Use the "My Home's Top Prayer Requests" for each family member to share their prayer requests that they would like the family to pray for.
- Celebrate at the end of each week and talk about the prayers that God has answered in the week.
- For the family prayer, give each family member a certain prayer day that they can decide when, where, and how you will pray.
- Use this simple prayer prompting to jumpstart your family prayer times. P-R-A-Y P-Praise (God, thank you for...), R-Repentance (God, I am sorry for...), A-Ask (God, please help...), and Y-Yes, God You Are (God, I love you because...)

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