FAITH PATH RECIPE CARD

Pre-Deployment Date Night: Love Languages

BEST USE

A date night activity for the military couple getting ready to be separated by deployment.

NUTRITIONAL VALUE

Meaningful connection has unique challenges and obstacles during deployment. Learning to speak your spouse's love language can set you up for greater success.

PREPARATION

- Obtain a copy of *The 5 Love Languages Military Edition* by Gary Chapman and Joycelyn Green (available from a local Christian bookstore or Amazon)
- Pick a date location that offers free internet service (i.e. coffee shop, Chick-Fil-A, McDonalds, the café/lobby of your church)
- Bring a web-enabled device with you.

SERVE IT UP

Turn to the back of the book and find the Love Language profiles. There is one for husbands, and one for wives. Take the appropriate profile for yourself to discover your own love language. If you prefer you can take an electronic version of the profile at 5lovelanguages.com and select the "Discover Your Love Language" link. After you have both taken the profile and assessed your love language, read together the chapters of the book corresponding to your individual primary languages.

Discussion

- Do your profile results make sense to you? (why/why not)
- Could you have guessed your spouse's results BEFORE he/she revealed the results?
- What are some things these results might explain about yourself? Your spouse?
- What are some things you can do over the upcoming months of deployment to show your spouse love in HIS/HER own love language?
- What are some things your spouse can do over the upcoming months of deployment to show you love in YOUR own love language?

Bonus

- Read Ephesians 5:33 – How can understanding your spouse's love language help you provide the love or respect this verse mandates?
- Make a commitment to your spouse to practice speaking his/her love language more frequently.
- Pray together, asking God to help you show love to each other in ways that you each understand.