

FAITH PATH RECIPE CARD

Thanksgiving: Hungry, Hungry Thank You

BEST USE

As a Thanksgiving family activity.

NUTRITIONAL VALUE

To satisfy our hunger for joy by giving thanks.

PREPARATION

Make sure you have the following on hand.

- The game "Hungry Hungry Hippos" OR
- A bunch of marbles, paper plate and spoons
- A Bible

SERVE IT UP

Follow these steps for a great experience...

- Gather the children or entire family together before sitting down for the meal to enjoy a game designed to emphasize why we give thanks.
- If you own the game "Hungry Hungry Hippos" get it ready. If not, create your own version by placing about 20-30 marbles on a large paper plate and giving each player a spoon with which they will pick up the marbles.
- As the children anticipate starting the game, pause and invite the oldest child to read I Thessalonians 5:16-18...

**"Be joyful always; pray continually; give thanks in all circumstances,
for this is God's will for you in Christ Jesus."**

- Afterwards ask the following questions...
 - Q:** What's God's will for us? **A:** To give thanks
 - Q:** Why do we give thanks? **A:** To experience joy
- Tell the children that one of the most important ways we fill our hunger for joy is to give thanks for the blessings God has given.
- Play several rounds of "Hungry Hungry Hippos" or "Marbles and Spoons" where the children try to gobble or pick-up as many as they can. The winner is the person who has the most balls or marbles at the end of the round.
- Turn each child into a real "winner" by inviting them to share one thing for which they are thankful for each ball or marble they retrieved.
- Emphasize that the more thanks we give the more our "joy tanks" fill up!
- Play as many rounds as you can until the meal is served.
- Memorize the jingle - "Giving Thanks - Fills Our Tanks"