

# **Journal Guide: Jesus Cleanses Us**

## **Text: Luke 5:12–16**

### **Main Idea**

Jesus doesn't just help me—He **cleanses me completely**.

### **Prepare Your Heart**

Take a moment to slow down and pray:

- Ask God to speak to you through His Word.
- Ask for honesty as you reflect.
- Ask for faith to believe what is true.

**Write a short prayer:**

### **Read the Passage**

Read Luke 5:12–16 slowly.

**Write down anything that stands out:**

### **Jesus Receives Me (Luke 5:12–13)**

The leper was considered unclean, rejected, and isolated—yet Jesus welcomed him.

**Reflect:**

- Where do I feel unclean, ashamed, or rejected?
- Do I truly believe Jesus is willing to receive me? Why or why not?

- What stands out to me about Jesus touching the leper?

**Truth to remember:**

Jesus is not hesitant—He is willing to receive me.

## **Jesus Restores Me (Luke 5:14)**

Jesus didn't just heal the man—He restored him fully.

**Reflect:**

- What is the difference between being forgiven and being fully restored?
- In what ways do I still live like I'm not fully clean?
- How does it change my identity to know I am made clean before God?

**Truth to remember:**

Jesus doesn't partially fix me—He completely restores me.

## **Share Jesus (Luke 5:14–16)**

The man couldn't help but tell others about Jesus.

**Reflect:**

- When was the last time I talked about Jesus with someone?

- What holds me back from sharing my faith?
- Who is one person in my life that needs to hear about Jesus?

**Write their name:**

**Truth to remember:**

When I experience Jesus deeply, I will want to share Him naturally.

## **Personal Application**

- What is one truth from this passage I need to believe today?
- What is one step I need to take this week?

## **Prayer**

Write a prayer responding to what God has shown you:

## **Closing Reflection**

Finish this sentence:

**Because Jesus cleanses me, I will...**