

Journal Guide: Luke 6:1–11

Theme: Recognizing vs. Resisting Jesus

Prepare Your Heart

Take a moment to slow down and pray:

- Ask God to help you see Jesus clearly.
- Ask for honesty as you reflect.
- Ask for a willingness to respond, not just observe.

Read the Passage

Read **Luke 6:1–11** slowly.

As you read, pay attention to:

- The tension between Jesus and the Pharisees
- The repeated focus on the Sabbath
- The response of the religious leaders vs. the actions of Jesus

What Do You Notice?

Write down your observations:

- What stands out to you in this passage?
- What surprises or challenges you?
- How do the Pharisees respond to Jesus?
- How does Jesus respond to them?

Point 1: Recognizing Jesus

This isn't about getting the Sabbath right—it's about recognizing Jesus.

- Why do you think the Pharisees failed to recognize who Jesus was?
- What were they focused on instead?

Reflect personally:

- Where in your life might you be so focused on “doing things right” that you’re missing Jesus Himself?
- When have you recently sensed God at work?

Write your thoughts:

Point 2: Resisting Jesus

This isn't about getting the Sabbath right—it's about resisting what Jesus is doing.

- Jesus asks: “*Is it lawful to do good or to do harm?*”
 - What is He revealing about their hearts?

Reflect personally:

- Where might you be resisting something Jesus is prompting you to do?
- Is there an area where obedience feels inconvenient, uncomfortable, or disruptive?

Write your thoughts:

Point 3: Wanting to Be Right

This was never about getting the Sabbath right—it was about not wanting Jesus to be right.

- Why do you think the Pharisees responded with anger instead of humility?

Reflect personally:

- Where do you struggle with wanting to be right?
- How might that be affecting your relationship with Jesus or others?

Write your thoughts:

Honest Reflection

If we are honest, we are more like the Pharisees than we'd like to admit.

Consider these statements:

- I sometimes fail to recognize Jesus at work
- I sometimes resist what Jesus is doing
- I sometimes prioritize being right over being faithful

Which one resonates most with you right now? Why?

Write your response:

Your Response to Jesus

Jesus is right in front of you—will you resist Him or recognize Him?

- What is one specific way you sense Jesus inviting you to respond?
- What would it look like to say “yes” to Him this week?

Write your next step:

Prayer

Write or pray:

- Ask Jesus to help you recognize Him more clearly
- Ask for a soft heart that responds quickly
- Surrender any area where you've been resisting

Close your time by thanking Him for meeting you here.